



ST BERNADETTE'S PARISH BULLETIN

1 Cox Crescent, Dundas Valley

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Tel: 9871 4414

The Most Holy Body and Blood of Christ: 13-14 June 2020

From the Padre:



The gift of the Blessed Eucharist is an extraordinary gift from the Lord. I know a number of people who were not able to go to Mass during this time have really grown to appreciate what a precious gift Christ gives us in Holy Communion. I hope and pray the “lock-down” does not happen again in our life time. It is important to remember the Church’s teaching on receiving the Blessed Eucharist. Those who do not practise* the faith should not go to Holy Communion. The Catechism of the Catholic Church teaches: *“No one may take part in it unless he believes, has received baptism and lives in keeping with what Christ taught.”* (cf. CCC 1355) *“Anyone aware of having sinned mortally must not receive communion without having received absolution in the sacrament of penance.”* (1415) This means that using our free will, we must believe that the Eucharist truly becomes the body and blood of Christ, that we accept all the teachings of Christ and His Church, that we suitably repent for our sins and are absolved by the priest if we have sinned gravely. While during this “lock-down” period, the faithful have been freed from the obligation of attending Sunday Mass without incurring grave sin, once all are free to attend Mass as usual, the obligation for Sunday Mass returns. It is a grave sin to deliberately miss Sunday Mass. (CCC2181) Of course, this does not apply to the elderly or infirm.



(To practise the faith means accepting the Ten Commandments and striving to live them. It also means accepting the moral teaching of the Church. For example, those who do not accept that it is immoral for anyone to engage in the sexual act outside of marriage between a man and a woman, do not accept the Church’s teaching.)*

READINGS FOR MASS:

Entrance Procession

He fed them with the finest wheat and satisfied them with honey from the rock.

First Reading: Deuteronomy 8:2-3, 14-16

He gave you food which you and your ancestors did not know.

A reading from the book of Deuteronomy

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart - whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord. 'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

The Word of the Lord.

Responsorial Psalm: 147:12-15, 19-20

R. Praise the Lord, Jerusalem.

O praise the Lord, Jerusalem!

Zion, praise your God!

He has strengthened the bars of your gates,
he has blessed the children within you. R.

He established peace on your borders,
he feeds you with finest wheat.

He sends out his word to the earth
and swiftly runs his command. R.

He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees. R.

Second Reading: 1 Corinthians 10:16-17

Though we are many, we form a single body because we share this one loaf.

A reading from the first letter of St Paul to the Corinthians

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The Word of the Lord.

Sequence:

Sing forth, O Zion, sweetly sing
The praises of thy Shepherd-King,
In hymns and canticles divine;
Dare all thou canst, thou hast no song
Worthy his praises to prolong,
So far surpassing powers like thine.

Today no theme of common praise
Forms the sweet burden of thy lays -
The living, life-dispensing food -
That food which at the sacred board
Unto the brethren twelve our Lord
His parting legacy bestowed.

Then be the anthem clear and strong,
Thy fullest note, thy sweetest song,
The very music of the breast:
For now shines forth the day sublime

That brings remembrance of the time
When Jesus first his table blessed.

Within our new King's banquet-hall
They meet to keep the festival
That closed the ancient paschal rite:

The old is by the new replaced;
The substance hath the shadow chased;
And rising day dispels the night.

Christ willed what he himself had done
Should be renewed while time should run,
In memory of his parting hour:
Thus, tutored in his school divine,
We consecrate the bread and wine;
And lo - a Host of saving power.

This faith to Christian men is given -
Bread is made flesh by words from heaven:
Into his blood the wine is turned:
What though it baffles nature's powers
Of sense and sight? This faith of ours
Proves more than nature e'er discerned.

Concealed beneath the two-fold sign,
Meet symbols of the gifts divine,
There lie the mysteries adored:
The living body is our food;
Our drink the ever-precious blood;
In each, one undivided Lord.

Not he that eateth it divides
The sacred food, which whole abides
Unbroken still, nor knows decay;
Be one, or be a thousand fed,
They eat alike that living bread
Which, still received, ne'er wastes away.

The good, the guilty share therein,
With sure increase of grace or sin,
The ghostly life, or ghostly death:
Death to the guilty; to the good
Immortal life. See how one food
Man's joy or woe accomplisheth.

We break the Sacrament, but bold
And firm thy faith shall keep its hold,
Deem not the whole doth more enfold
Than in the fractured part resides
Deem not that Christ doth broken lie,
'Tis but the sign that meets the eye,
The hidden deep reality
In all its fullness still abides.

Behold the bread of angels, sent
For pilgrims in their banishment,
The bread for God's true children meant,
That may not unto dogs be given:
Oft in the olden types foreshowed;
In Isaac on the altar bowed,
And in the ancient paschal food,
And in the manna sent from heaven.

Come then, good shepherd, bread divine,
Still show to us thy mercy sign;
Oh, feed us still, still keep us thine;
So may we see thy glories shine
In fields of immortality;
O thou, the wisest, mightiest, best,
Our present food, our future rest,
Come, make us each thy chosen guest,
Co-heirs of thine, and comrades blest
With saints whose dwelling is with thee.

Gospel Acclamation: John 6:51-52

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever.

Alleluia!

Gospel: John 6:51-58

My flesh is real food and my blood is real drink.

A reading from the holy Gospel according to John

Jesus said to the Jews:

'I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever;
and the bread that I shall give
is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man
give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly,
if you do not eat the flesh of the Son of Man
and drink his blood,
you will not have life in you.
Anyone who does eat my flesh and drink my blood
has eternal life,
and I shall raise him up on the last day.
For my flesh is real food
and my blood is real drink.
He who eats my flesh and drinks my blood
lives in me
and I live in him.
As I, who am sent by the living Father,

myself draw life from the Father,
so whoever eats me will draw life from me.
This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,
but anyone who eats this bread will live for ever.'

The Gospel of the Lord.

Communion Antiphon

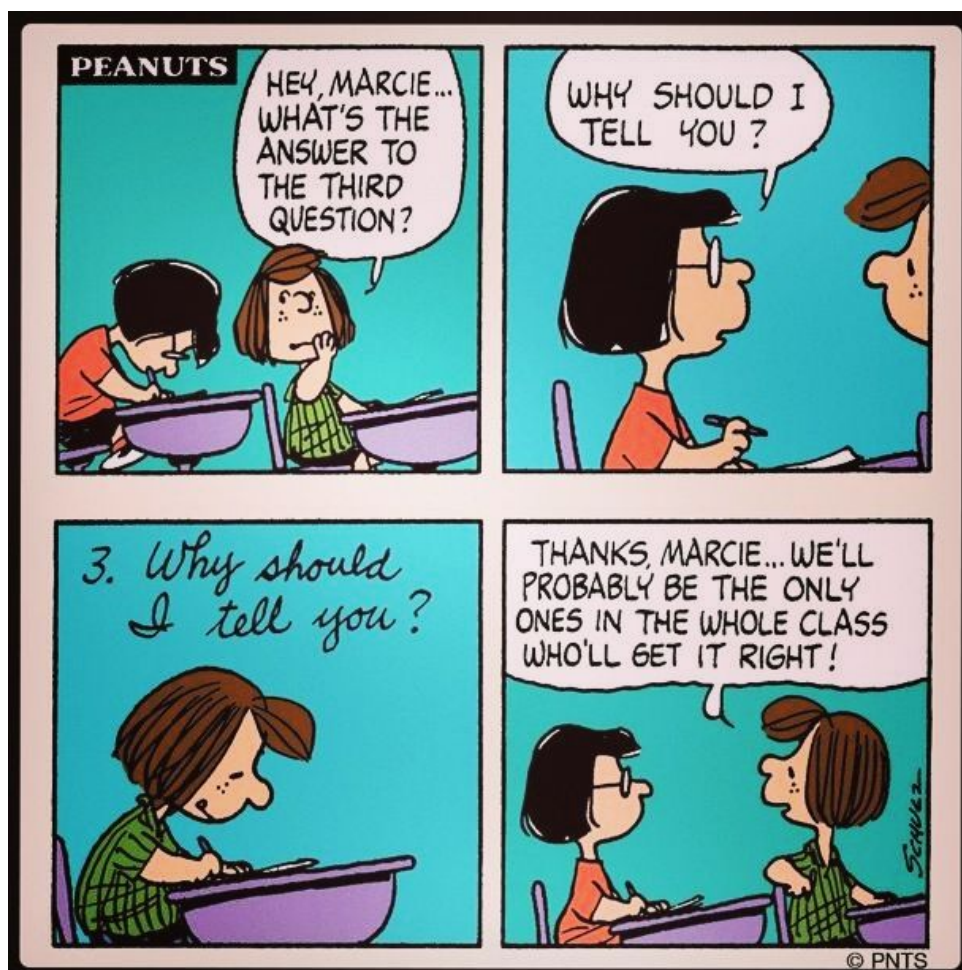
Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

NOTICES:

- * **Extra Mass:** Whilst the restrictions are still in place, we have temporarily added an 11.30am Sunday Mass to our schedule. Please continue to contact the Parish office on 9871 4414 or email neversdv@bigpond.com to register for any Mass.
- * **Sacramental programme** – details of the commencement of all upcoming programmes will be released soon. Parents – please keep an eye on your emails from Frances Zore and the Parish will advertise dates/times when available.
- * **Youth Notice:** Friday June 19 @ 6.30pm – St Bernadette's Youth Group will be starting up again in Creative Arts Room. We will be having a relaxed formation night for our faith with catch ups over dinner. Parents: please be assured that we will be observing careful hygiene practises during our gatherings.
- * **The weekly Parish Bulletin** is published each week on our web page: www.friarsofstfrancis.org

* **The Friar's Daily Mass can be accessed via their webpage:**
www.friarsofstfrancis.org Click on St Bernadette's Parish and then you will have the options to click on our Facebook page or YouTube, which will take you to our Masses and "From the Padre." During Holy Communion time, we ask you to make a spiritual communion. An example is as follows:

"My Jesus I believe that you are present in the Most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot at this time receive you sacramentally, I pray that you come into my heart spiritually. I embrace you and unite myself wholly to you. never permit me to be separated from you Amen."



Parish Priest: Father Christopher Sarah FSF
Assistant Priest: Father Ruben Martello FSF
Assistant Priest: Father Benedict Mackenzie FSF
Parish Office: 9871 4414
Sacramental Coordinator: Frances Zore
Website: www.friarsofstfrancis.org
Email: neversdv@bigpond.com

Contributions to Planned Giving:

(Please quote in the reference either your INITIAL & SURNAME or ENVELOPE NUMBER)

Name: St Bernadette's Catholic Parish
BSB: 067 950
Account: 00000271

ROSTER FOR MINISTRIES: 20-21 June 2020

	Sat Vigil 6pm	Sun 8am	Sun 9.30am
Readers:	Youth Volunteer	S Carter	V Goodwin
Altar Servers:	E Billingsley J Fernandes	I Baron S Filtcroft	X Redolfi J Locke
Acolytes:	Cameron	Nidhin	Gerard
Altar Society:	G 2: Thursday 18/6/20 (W) Pravin, M Flitcroft, Anthoinette		
Cleaners:	G 1: Saturday 20/6/20 @ 8.15am S Ballienas, L Leonardi, H Sumardji, O Poon, C Khoury, F Cahill, J Bonner		

Let us pray for all our sick relatives, friends and parishioners, especially:

Ivan Stasnowski; Rima Sammar; Oriel Ross; Christine Duggan; Michael Joyce; Stephanie Rachel van der Kolff; Jonathon Joseph Najem; Lawrence Hatcher; Andreja Sesthnal; and all of our sick parishioners;

Let us pray for our deceased loved ones, especially:

Neale Ward; Alice Nelson, Frieda Piesch; Judith Chigwidden; Lourdes Valdoria Palma; Patricia Milan; Deceased members of the Parsons Family; Sayid & Nazha Shamien; Bp Desmond Moore MSC; Cecil Cramer; The Holy Souls in Purgatory; ***May their souls and the souls of all the faithful departed rest in peace. Amen.***

*Saint Michael the Archangel,
defend us in the battle; be our protection against the malice and snares of the Devil.
May God restrain him, we humbly pray, and You, O Prince of the heavenly host, by the
divine power cast into Hell Satan and all the other evil spirits who roam through the
world seeking the ruin of souls.
Amen.*

*Most Sacred Heart of Jesus: have mercy on us. (3 times)
Immaculate Heart of Mary: pray for us*

	McAuley Hawach Lawyers
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